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21 NSTEM

Personality questionnaire

Mr. Plunguian (see 003)

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Einstein #1

Einstein, Albert.

"Who are You?" Mimeographed personality
questionnaire completed by Albert Einstein,
unsigned, undated.

Ex Plungian collection, acquired 1980.

*check w/ NMATH Branch for
lead re Plungian coll.*

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WHO ARE YOU?

Below are twenty questions under each of the three types. If the answer is "Emphatically yes" or "Always," mark a 7 in the scoring space at the side of the question. If the answer is "Sometimes" or "An average amount," mark a 4 at the side of the question in the scoring space. If the answer is "Seldom" or "An extremely slight degree," or "No, never," your score on this question is 1. When you have objectively (better ask somebody else) answered the sixty questions, add up each column of figures, divide each by 20, to get your score on each column. The three numbers you then have will be the key to YOU, and in the order in which the numbers stand, they tell the degree that you are Type 1, Type 2, and Type 3.

1. Do you sit relaxed with your arms and hands limp? ja
2. Do you particularly enjoy any vigorous sport or any dangerous activity, such as hard mountain climbing, the roller coaster, fast driving or acrobatics? nein
3. Are you jumpy, nervous, shaky in crises or tests? nein
4. Do you prefer low, well-upholstered furniture? ja
5. Do you sit straight and erect? Do you walk briskly with upright carriage? ja nein
6. Do emotional upsets tie your stomach in knots? Ich weiss nicht.
7. Are you slow and cumbersome at all kinds of athletics except in the water? Habe nicht probiert.
8. Are you a "no-sooner-said-than-done" kind of person? If you notice a picture hanging crooked on the wall, do you jump right up and straighten it? nein
9. Is your walk hesitant and noiseless as if you were treading on eggs, and do you sit hunched up or with one leg wound tightly around the other? (if you do one of these things and not the other, your answer is 4) no
10. Do you particularly love good food and do you think of food in your daydreams? Do you, in fact, gloat lovingly over the thought of your favorite food? nein
11. Do you crave and enjoy physical exercise? Nein
12. Do your best and most enjoyable moments come when you are alone? ja
13. Do you like people to be solicitous and ceremonious? Do you deeply enjoy ceremony and polite manners? Nein
14. Are you a fighter at heart? Do you easily feel ready for battle inside? indifferent without fight.
15. In restaurants or at parties, do you prefer to be inconspicuous? Do you choose a seat in the corner? ja
16. Do you like to sit at the table and talk after dinner? überhaupt nicht.
17. Are you one who stands pain and physical injury without much trouble? ja
18. Is it torture for you to have to "speak up" in a noisy place? Do people have a hard time hearing you? Do you have a hard time getting to sleep when someone is snoring? ja
19. Do you like most of the people you know? Are you an amiable, genial person? mässig
20. Do you enjoy power? Do you love to be "the head" of things? nein
21. Are you unusually sensitive to pain? For example, do insect bites swell and itch for days? Do hot drinks burn your mouth when they don't seem to bother other people? nein
22. Do you warm up in company? Are your best hours those you spend "With folks"? nein
23. Are you always eager to take a chance? nein
24. Do your friends and members of your family have a hard time understanding you? Are you considered secretive, unpredictable? nein
25. Can you eat "indigestible" foods without discomfort? Is digestion fun? Do you ENJOY it, as an athlete enjoys exercise? And do you think elimination is fun? bescheidenes Vergnügen aber doch
26. Are you a forthright, direct, outspoken person who does not "stand on ceremony"? ja
27. Do you have a hard time deciding when to go to bed at night? When to get up? When to take a bath? Do you have irregular elimination? (If your answer to only one of these is Yes, your score is 1; to two, your score is 4; to three or more, your score is 7). alles ein wenig.
28. Do you constantly feel the need of human approval and attention? Are you hungry to be loved? nein
29. Do you usually go after what you want regardless of competition? nein
30. Is it hard for you to get up and speak in public? Do you suffer acutely from stage fright? ja
31. Do you have a good "instinct for people"? Do you always know whom to trust and to whom to go for what you want? mässig
32. Are you one who is free from sentimentality and are you on the whole a very objective person? ja
33. Do you hate risk and do you in general tend to fear the worst? ja
34. Can you express your feelings evenly to all kinds of people and in all sorts of situations without becoming choked up or flustered or losing your temper? ja

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35. When you move about or work do you seem to disturb people with your noise? Do you whistle, rattle furniture, shut doors carelessly? nein
36. Do you feel ill at ease among new acquaintances and do you shrink from making new friends? ja
37. Are you content to accept the world and most things as they are without wanting to change them? nein
38. Do people take you for older than you are? ja
39. Do people accuse you of being cold and unfeeling? Do you hate to have anyone see you cry? *Habe ich nicht gemerkt.* nein
40. Do you consider yourself a happy, contented person? Are you satisfied with yourself and with your lot? ja
41. When a decision has to be made, can you make up your mind with finality? ja
42. Do you have a poor poker face? Is it hard for you to dissemble or to act a part? When posing for a photograph, does your smile freeze or start jiggling all over your face? ja
schiefgemessen
43. Are you hard to awaken when you are asleep? Could someone get in bed with you without waking you up? *Nein nicht* nein
44. Does alcohol make you rambunctious, energetic, aggressive? nein
45. Are you a light sleeper, waking at the slightest noise? Do you have trouble going to sleep? schiefgemessen
46. Are you placid, easygoing? Is it difficult to arouse you to anger? ja
47. Would you kill a fly? A dog? A condemned woman? (Score for fly only 1, dog 4, woman 7). nein
48. Do people take you for younger than you are? nein
49. Do you, on the whole, consider childhood the best time of life? nein
50. When you get good or bad news do you have to let off steam by DOING something--celebrating, taking exercise or going somewhere? nein
51. Are you generally regarded as shy, introverted? ja
52. Does alcohol make you feel relaxed and sociable and "quietly good-natured"? nein
53. Do you on the whole consider youth the best time of life? nein
54. Does alcohol make you tighten up and feel depressed, dizzy and tired? ja
55. When you receive good or bad news, do you feel an overwhelming desire to tell somebody? nein
56. Do you dislike cramped quarters, small rooms, and do you sometimes like to be free of clothing? That is, do you like to sleep nude or swim nude? *ja ja* ja
57. When you receive good or bad news do you like to get off by yourself and think it out alone? Are you secretive about good as well as bad news? nein
58. Do you find it easy to show your feelings? Are you an extrovert at expressing sympathy? nein
59. Does your voice seem to "carry" too well? Do people sometimes tell you they "aren't deaf"? nein
60. Do you look forward to the tranquillity and wisdom of old age? Do you feel that on the whole the second half of life is the better half? ja

Wm H Sheldon

Varieties of Temperament

Varieties of Human Physique

